



ASSOCIATION OF PARENTS AND FRIENDS OF PEOPLE WITH DISABILITIES



# ANNUAL REPORT

2019

## WHERE WE WORK



*In addition to the communities surrounding Lake Atitlán, in 2019, we worked in three municipalities of Chiquimula and, by means of our Training and Treatment of Clubfoot in Guatemala project, we worked in six national hospitals in Huehuetenango, Quetzaltenango, Totonicapán, Sololá, Chiquimula, and Zacapa.*

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FOR AN INCLUSIVE COMMUNITY



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# A MESSAGE FROM THE FOUNDERS

Dearest friends and supporters,

In this time of crisis, in which the world is changing rapidly, where we have to adapt to new forms of social and work relationships, where we have the great opportunity to be creative and inventive, to assume new roles and leadership, we send our solidarity, respect and affection, knowing that in these times, we are adopting measures that allow us to take care of ourselves, our family, friends, and project participants.

This time also offers us the opportunity to share with you the result of our work in 2019, reflecting on the achievements that are only made possible thanks to your unconditional support, reflections, comments and recommendations.

In this time of crisis, the best of us will emerge, our faith, patience and love. Let us take advantage of the time at home to share, read, listen to music, and entertain ourselves with new skills and hobbies.

Surely, once all this is over, we will be made aware of our strengths and weaknesses, and we will know how to take advantage of them.

Our most sincere gratitude,

**ARGENTINA Y FRANCISCO  
FUNDADORES**



## OUR MISSION

To empower people with disabilities and their families through comprehensive attention for their full inclusion in society and an improved quality of life.

## OUR VISION

To be a leading organization, reference, and model in disability work that promotes inclusive development and advocacy, empowering organizations for the inclusion of people with disabilities in society.

## OUR TEAM

Our staff is made up of 34 people, who work using a community-based rehabilitation (CBR) strategy across four program areas: healthcare, education, employment, and empowerment.

**13**

MEN

**21**

WOMEN

**02**

OF WHICH HAVE A DISABILITY

WATCH OUR VIDEO





# 100

new people with disabilities registered with the local health center.

## HEALTHCARE

In the healthcare program, we seek the inclusion of people with disabilities in the different healthcare services, working together with Health District No. 4 of Santiago Atitlán. We work from the headquarters of the health center in each community, accompanying the staff in their different activities and supporting their training.

In 2019, we implemented a new project on sexual and reproductive rights and the prevention and detection of deficiencies that can lead to a disability. The project worked with healthcare personnel, middle school and high school students, and the Santiago Atitlán community in order to achieve timely detection and decrease the number of births of children with disabilities.

# 1005

people received personalized care with different medical professionals, from general consults to orthopaedic surgeons, cardiologists, ophthalmologists, dentists, among others.

# 184

assistive devices, walkers, crutches, wheelchairs, orthotics, prosthetics, hearing aids, glasses, among others, were assembled, adjusted, and distributed.

# 11,955

therapies were provided, including physical therapy, animal-assisted therapy, language therapy, and psychotherapy.

# 114

healthcare professionals participated in training workshops about the prevention and timely detection of deficiencies that can lead to a disability.

# EDUCATION

In the education program, our work is carried out in coordination with the educational authorities of the Ministry of Education in the municipality.

In 2019, the Inclusive Education Resource Center (CREI) was formed to serve students with special educational needs, associated or not with disabilities.

ADISA works with the CREI, the students, their families, their teachers and their schools for a society where people with disabilities have the same educational opportunities, where their teachers have the tools to best prepare them for the future.



# ACHIEVEMENTS

# 117

students received specialized, individual support.

## GROUP ATTENTION FOR 167 STUDENTS

On the following topics: responsibility and assertive communication, teamwork and solidarity, responsible children, sexuality in adolescents, local government, emotional intelligence, and internet security.

# 49

children from 0 to 6 years-of-age received early intervention therapy.

## PARENT PARTICIPATION

This year the Parents' School addressed the following topics: the visual development of children, responsible parenthood, parents and school, active listening, sensory integration, child abuse, sleep hygiene, self care, nonviolent parenting, and the rights of the child.

# 183

teachers participated in training workshops according to the needs presented by the school district.

The annual parents' gathering was held in November and discussed the topic of Family Wellbeing. 385 mothers and 85 fathers participated



## LIVELIHOOD

Since 2011, ADISA has worked for the economic empowerment of families because we believe that their participation is more active when they can resolve their basic needs.

The livelihood program includes both group and individual productive activities and promotes savings through participation in savings and credit groups.

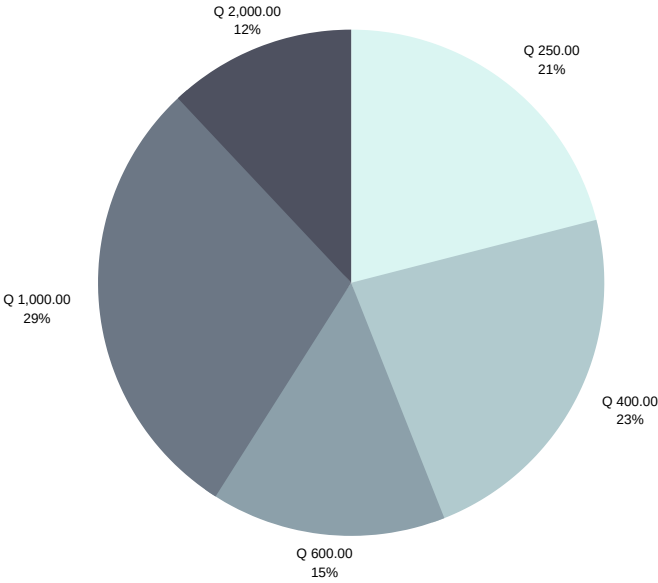
In 2019, the Arthur B. Shultz Foundation funded an evaluation of the program, providing us with new lessons and recommendations. As a result, in 2020 we are focusing our work on sustainability, mental health,

and the decrease in domestic violence. The evaluation also highlighted the following achievements:

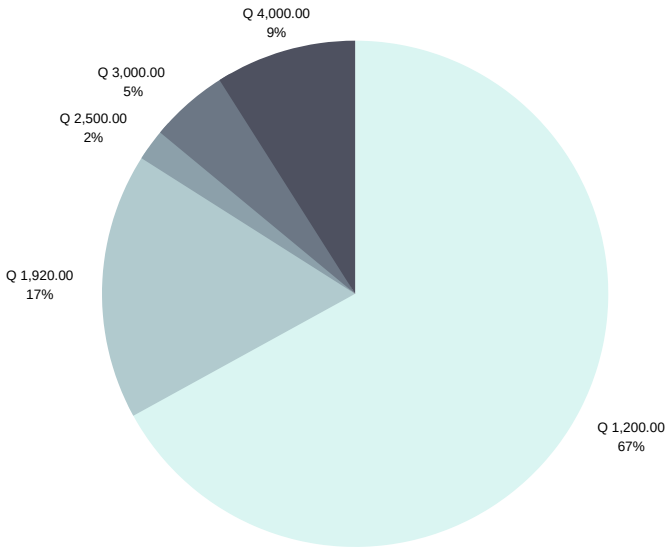
- The ventures are sustainable and prepared to continue without the support of ADISA. They "contribute beyond economic income," giving women the opportunity to leave their homes, observe, and learn.
- Exchanges between different savings groups have served their purpose, motivating people, sharing ideas, creating awareness, and promoting new strategies.

Monitoring of Microenterprises

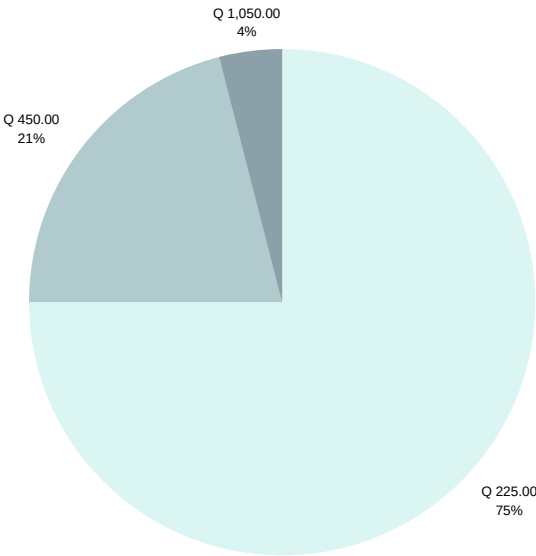
REVENUE



CAPITAL



MONTHLY EARNINGS



# SAVINGS AND CREDIT GROUPS

## RESULTS OF THE GROUPS THAT COMPLETED ONE YEAR

GROUPS	SAVINGS	OUTSTANDING LOANS	INTEREST	SOCIAL FUND
8 ALAC *	Q 32,935.00	Q 41,900.00	Q 8.900.00	Q 200.00
2 MINI ALAC	Q 960.00	Q 0.00	Q 0.00	Q 0.00
<b>TOTAL</b>	Q 33,895.00	Q 41,900.00	Q 8.900.00 *	Q 200.00

\* ALAC: Local Savings and Credit Association

\* At the end of this savings cycle there still were outstanding loans. As a result, the reported amount of interest earned is less than the quantity reported last year.

# EMPOWERMENT AND ADVOCACY

In accordance with the rights-based approach that ADISA has adopted, empowerment is not only for people with disabilities, as subjects of rights, but also for the guarantors of these moral and legal rights. Therefore, ADISA has supported actions that contribute to changes in knowledge, attitudes, and behaviors in all three groups mentioned.

At the local level, ADISA has focused on raising awareness about the rights of people with disabilities and promoting their inclusion in community spaces, launching media campaigns, organizing forums with mayoral candidates, holding

workshops for private companies, and coordinating activities with young groups at the Alfa & Omega church.

At the departmental level, ADISA has led the departmental commission on disability, working with state agencies, the University of San Carlos de Guatemala, the T.S.E., and tourism actors.

At the national level, the director of ADISA is the titular representative of the Sub-Sector of Organizations of Parents and Friends of People with Disabilities in the CONADI, promoting actions for people with disabilities in rural areas.



# CBR PROJECT CHIQUIMULA

*in the municipalities of Jocotán, Camotán, and Olopa.*

This project started in 2015 to organize and empower parents, while at the same time, creating an association that could continue to carry out the project in its three components: health, education and empowerment.

In November, ADISA turned over the project "Supporting the inclusion of children and adolescents with disabilities in the department of Chiquimula, Guatemala" to the Association Rompiendo Límites after five years of work in Chiquimula.

# 325

children and adolescents participated in at least one of the three components.

# 126

students with disabilities demonstrated educational advancement.





## CLUBFOOT TRAINING AND TREATMENT IN GUATEMALA

This project started in 2017, working with the endorsement and support of the Ministry of Public Health and Social Assistance, treating children with clubfoot in six national hospitals: Chiquimula, Huehuetenango, Quetzaltenango, Sololá, Totonicapán, and Zacapa.

The project seeks sustainability by training orthopedic doctors and physical therapists from the covered hospitals in the Ponseti Method, as well as by training personnel working in the disability sector, healthcare professionals, and midwives to form part of an identification and referral network.

# ACHEIVEMENTS



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**150**

CHILDREN THAT BEGAN  
TREATMENT IN 2017 AND  
2018 HAVE CONTINUED  
WITH THEIR TREATMENT

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**99**

CHILDREN BEGAN  
TREATMENT IN 2019

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**30**

ORTHOPEDIC SURGEONS  
AND PHYSICAL  
THERAPISTS TRAINED

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**164**

HEALTHCARE  
PROFESSIONALS AND  
PARTICIPATING  
ASSOCIATIONS' STAFF  
TRAINED

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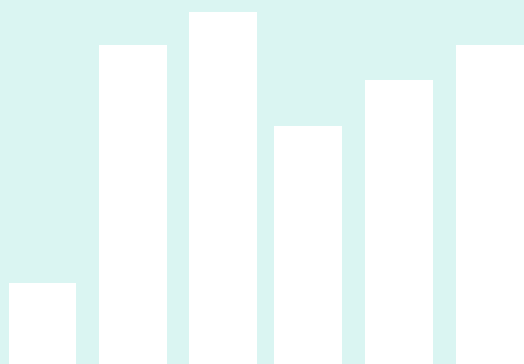
**702**

MIDWIVES TRAINED FOR  
THE EARLY DETECTION  
AND REFERRAL

# THANK YOU

*We are proud to recognize our donors and extend our most sincere gratitude for every expression of support.*

- CBM
- Liliane Fonds
- MiracleFeet
- Strachan Foundation
- Hope and Healing International
- Australian Aid
- Archdioceses of Osaka
- Arthur B. Shultz Foundation
- CEDEPCA
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- David Glanville



## FINANCIAL SUMMARY

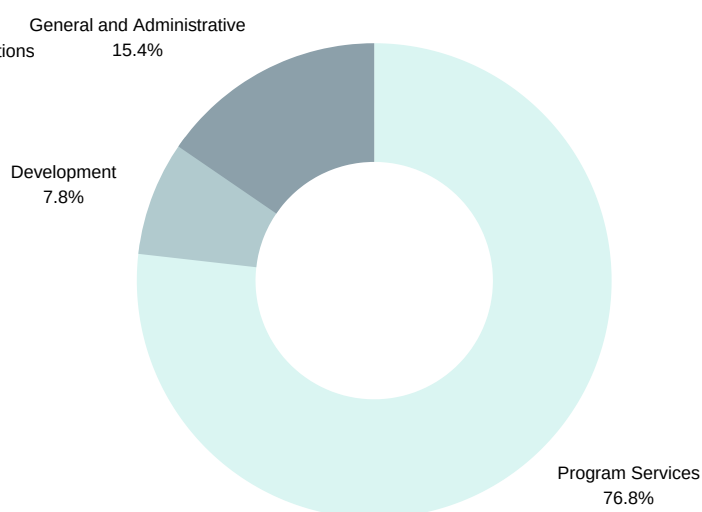
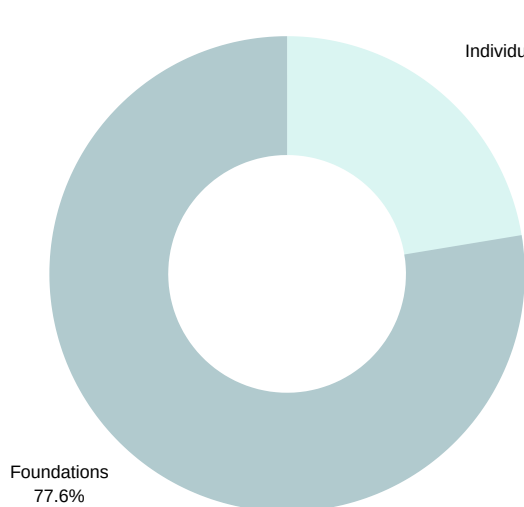
### REVENUES

	2019	2018
INDIVIDUALS AND FAMILY FOUNDATIONS	Q 997,462.64	Q 654,257.56
FOUNDATIONS	Q 3,457,102.90	Q 4,080,240.07
MULTILATERAL ORGANIZATIONS	Q 0.00	Q 213,763.60
<b>TOTAL</b>	<b>Q 4,454,565.54</b>	<b>Q 4,948,261.23</b>

### EXPENSES

	2019	2018
PROGRAM SERVICES	Q 3,536,621.00	Q 3,416,856.83
DEVELOPMENT	Q 357,437.15	Q 252,091.02
GENERAL AND ADMINISTRATIVE	Q 711,002.10	Q 759,807.07
<b>TOTAL</b>	<b>Q 4,605,060.25</b>	<b>Q 4,428,754.92</b>
<b>TOTAL SURPLUS (DEFECIT)</b>	<b>(Q 150,494.71)</b>	<b>Q 519,506.31</b>

The negative balance can be explained by the funds received at the end of 2018 to be spent in 2019.





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