



ASSOCIATION OF PARENTS AND FRIENDS OF PEOPLE WITH DISABILITIES



ANNUAL REPORT

2018

WHERE WE WORK



In addition to the communities surrounding Lake Atitlán, in 2018, we worked in five municipalities of Chiquimula and, by means of our Training and Treatment of Clubfoot in Guatemala project, we worked in six national hospitals in Huehuetenango, Quetzaltenango, Totonicapán, Sololá, Chiquimula, and Zacapa.

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FOR AN INCLUSIVE COMMUNITY



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A MESSAGE FROM THE FOUNDERS

Dearest friends and supporters,

2018 has been the year of ADISA's 20th Anniversary, yet it seems like just yesterday that we were beginning to attend to children with disabilities on Saturdays,

Time has passed and achievements have been significant, thanks to the committed work of staff, volunteers, parents of children with disabilities, and people with disabilities themselves. We express our appreciation and gratitude for their constant effort.

In the present annual report, we share the results obtained in the community-based rehabilitation project in the municipality of Santiago Atitlán. Separately, we present, in a summarized fashion, the community-based rehabilitation project in five municipalities of the department of Chiquimula, as well as the Training and Treatment of Clubfoot in Guatemala project.

We want to thank the unconditional support our donors: CBM, Liliane Fonds, Strachan Foundation, Archdiocese of Osaka, MiracleFeet, and Hope and Healing International, whose support allows us to promote the inclusion of people with disabilities with a rights-based focus.

We are also grateful to the different organizations and professionals from different disciplines, like health and social assistance services, both public and private, as well as individual donors, for their contribution and commitment to people with disabilities.

Working together we can achieve a more humane and inclusive world.

“For an inclusive community.”

In appreciation,

ARGENTINA & FRANCISCO
FOUNDERS



OUR MISSION

To empower people with disabilities and their families through comprehensive attention for their full inclusion in society and an improved quality of life.

OUR VISION

To be a leading organization, reference, and model in disability work that promotes inclusive development and advocacy, empowering organizations for the inclusion of people with disabilities in society.

OUR TEAM

Our staff is made up of more than 30 people, who work using a community-based rehabilitation (CBR) strategy across four program areas: healthcare, education, employment, and empowerment.

15 MEN

23 WOMEN

05 WITH DISABILITIES

WATCH OUR 20TH
ANNIVERSARY VIDEO



WE CONTINUE ADVANCING

For an inclusive community.

Through our programs, the participants, children with disabilities and their families, are working towards a better quality of life.

In the healthcare program, our participants are receiving high-quality medical care, learning to walk and talk, and developing the abilities to lead more independent lives.

Likewise, in the education program, the teachers are implementing more inclusive strategies in their classrooms and the students are advancing in their studies and personal development.

The participants in the livelihood program now have more resources to help cover the costs of food, clothing, healthcare, and education for their children with disabilities.

Also, by means of workshops, the mothers have learned how to best raise their children and have been empowered to fight for themselves and their families.

Lastly, at the community level, we have had more openings in public spaces to educate and raise awareness about disability, working towards an inclusive community.





549

children, adolescents, and adults received care in the healthcare program.

HEALTHCARE

In the healthcare program, our work is performed in collaboration with Health District No. 4 in Santiago Atitlán. The Health Center's leadership and its staff's openness has allowed us to work in the Health Center's headquarters in each community, accompanying personnel in different activities and training both personnel and midwives in disability topics.

In 2017, the Health Center only had one person with a disability registered in its system. By the end of 2018, 264 people with disabilities were identified and treated by the healthcare system in Santiago Atitlán.

906

people received personalized care with different medical professionals, from general consults to orthopaedic surgeons, cardiologists, ophthalmologists, dentists, among others.

223

assistive devices, walkers, crutches, wheelchairs, orthotics, prosthetics, hearing aids, glasses, among others, were assembled, adjusted, and distributed.

9511

therapies were provided, including physical therapy, animal-assisted therapy, language therapy, and psychotherapy.

877

people that work in the healthcare sector participated in training workshops on topics like: psycho-motor therapy, clubfoot, disability and impairments, early intervention, wheelchair assembly and adjustment, child motor development, violence prevention, child protection, community-based rehabilitation, autism, and first aid.

EDUCATION

ADISA's educational component focuses on inclusive education. We recognize that all students can learn and have the right to attend a regular school in their community. Inclusive education considers the educational needs of all children, respecting differences in ethnicity, age, language, gender, disability, and health status.

Our work is developed in coordination with educational authorities within the Ministry of Education in the municipality of Santiago Atitlán, working alongside regular schools, teachers, students, and families.



ACHIEVEMENTS

159

students with and without disabilities participated.

40

teachers participated in the inclusive education certification course, learning about materials and strategies that they can apply in their classes so that they are more inclusive for all students.

TRAINING PROGRAM STAFF

in the following topics:
community-based rehabilitation (CBR), reading methods, psycho-motor therapy, socioeconomic cards, curricular adjustments, autism, and sign language.

STUDENT EVALUATIONS

- 24 new students enrolled in the program.
- 95 individual plans made for new and continuing students.
- 149 monitoring visits were made at school at 105 at home.
- 1742 pedagogy visits.

PSYCHOLOGICAL THERAPY

The primary areas of attention include: challenging behaviors, dependence on parents, emotional fears, depression, anxiety, and unresolved grief.

- Individual Attention: 52
- Psychological Evaluations: 85
- Home Visits: 104
- Sessions: 397

GROUP PSYCHOLOGICAL THERAPY

- The methodology in practice includes restorative circles and psychotherapeutic recreational activities for a total of 414 students and 372 parents.
- The prevention of child molestation was the primary topic addressed in both groups this year.

PARENT PARTICIPATION

- Parents School
- We held our Parent Retreat on November 27th. This year it focused on the topic of taking care of the family and over 300 people participated.



LIVELIHOOD

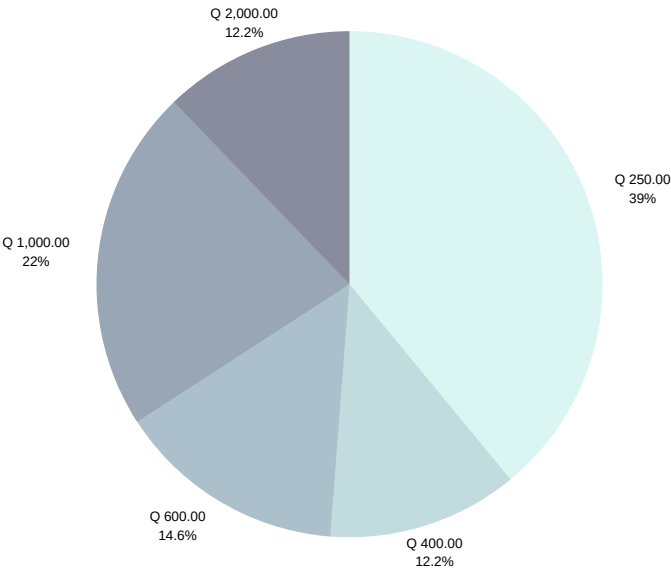
ADISA believes that the true empowerment of people with disabilities and their families begins with economic empowerment. Their participation is more active when they can resolve their basic and urgent needs. For this reason, our program offers both individual and group productive activities and promotes saving in its different forms.

ACHEIVEMENTS

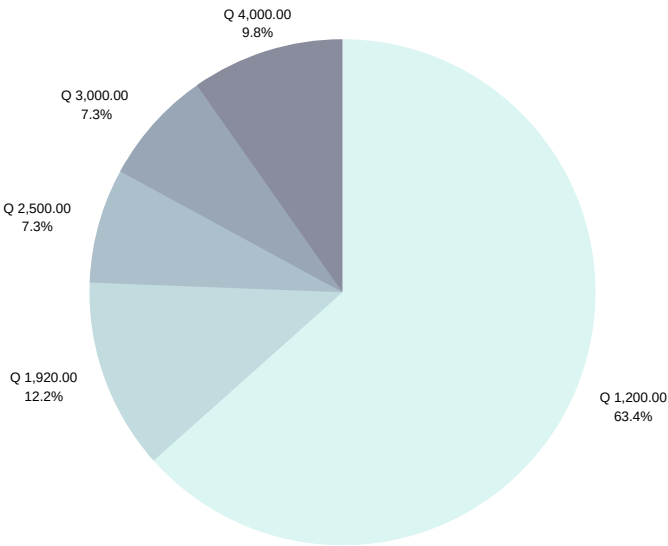


- 107 people participated in productive activities. 17 men and 90 women. 19 of these people are people with disabilities (15 men and 4 women). The majority of participants are mothers of people with disabilities.
- 10 savings and credit groups, with 93 participants, 12 of whom have a disability.
- 2 small savings and credit groups with 4 participants, one of whom has a disability.
- 2 productive group activities. The Artisans of ADISA and the group of mothers "Ixoq Tz'iquinjay" - in the Tz'utujil language it means women from the house of birds, just as Santiago Atiltán was called before the arrival of the Spaniards.
- This year, 41 microenterprises or enterprises were monitored, yielding the following results:

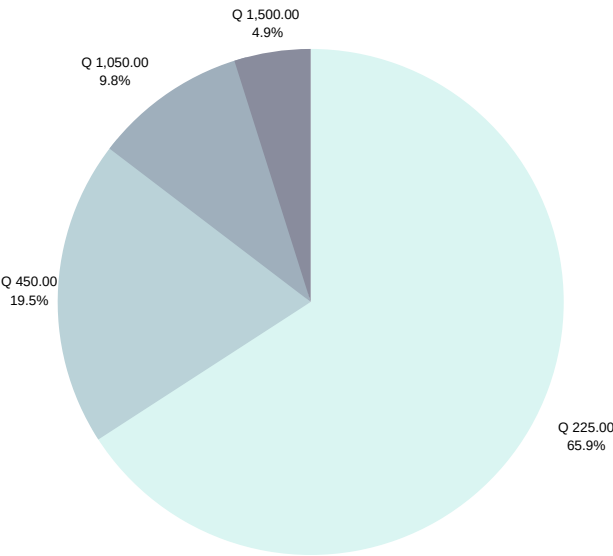
REVENUES



CAPITAL



MONTHLY EARNINGS



MONITORING SAVINGS AND CREDIT GROUPS

SECOND SEMESTER RESULTS

GROUPS	SAVINGS	INTEREST	SOCIAL FUND	LOANS AWARDED
10 ALAC *	Q 10,020.00	Q 2,150.00	Q 17.00	Q 16,450.00 *
2 MINI ALAC	Q 240.00	Q 0.00	Q 0.00	Q 0.00
TOTAL	Q 10,260.00	Q 2,150.00	Q 17.00	Q 16,450.00

* ALAC: Local Savings and Credit Association

* These are short-term loans and, therefore, represent a great quantity than the savings.

RESULTS OF GROUPS THAT COMPLETED A YEAR

GROUPS	SAVINGS	INTEREST	SOCIAL FUND	TOTAL
5 ALAC	Q 21,980.00	Q 19,528.00	Q 289.00	Q 41,797.00
1 MINI ALAC	Q 600.00	Q 0.00	Q 0.00	Q 600.00
TOTAL	Q 22,580.00	Q 19,528.00	Q 289.00	Q 42,397.00

EMPOWERMENT AND ADVOCACY

ADISA participates in different decision-making spaces, advocating for the transversalization of the topic of disability.

- ADISA leads and actively participates in a network of 7 partner organizations of Lilane Fonds, which seeks to strengthen the comprehensive and inclusive care of its participants with disabilities.
- ADISA leads and actively participates in ACOPEDIS (Association of Organizations of People with Disabilities in Sololá), which is a network of 13 organizations in the department of Sololá that work together to raise awareness and advocate for people with disabilities in different spaces at the departamental level.
- ADISA leads and actively participates in the Departamental Committee of Disability, CODEDIS, which is the departamental branch of CONADI (National Council for the Care of Persons with Disabilities), which promotes the topic of disability at the national level.
- We participate in the Municipal Development Council (COMUDE)'s monthly meetings. Our goal being to raise awareness about disability and advocate for more inclusive policies at the municipal level.
- The Director of ADISA is the titular representative of the sub-sector of organizations of parents and friends of people with disabilities before the CONADI and forms part of the assembly of delegates, the maximum authority of the CONADI, attending monthly meetings.
- We actively participate on the board of the COMUSAN (Municipal Committee of Food Security and Nutrition) to monitor the nutritional health of the population, primarily children.
- We have revised, created, and implemented institutional policies, including a Child Protection Policy, Manual of Functions, Manual of Administrative and Financial Procedures, and a comprehensive Risk Management Plan.

CBR PROJECT CHIQUIMULA

In 2018, the community-based rehabilitation project in the department of Chiquimula covered the municipalities of Jocotán, Camotán, San Juan Ermita, Olopa y Chiquimula Cabecera.

The project began in 2015 and, since its beginning, it has promoted the empowerment and organization of parents of children with disabilities, as well as an association that can continue carrying out the project. This project consists of three components: healthcare, education, and empowerment.

HEALTHCARE: Personalized treatment through individual plans, which include medical follow-up visits, distribution of medications, management and distribution of assistive devices, and physical therapy, among other things.

EDUCATION: Inclusive Education in regular schools and alternative

educational settings at the pre-primary, primary, and secondary levels. The project also provides support to deaf and blind students, sign language classes to parents, inclusive education certificate courses to teachers in the regular schools, and an inclusive computing academy in Jocotán.

EMPOWERMENT: Advises municipal committees of parents and the Association Rompiendo Límites to strengthen the organization, report cases of abuse, and increase participation in different decision-making spaces in the five covered municipalities.





TRAINING AND TREATMENT OF CLUBFOOT IN GUATEMALA

This project began in 2017 with the support and guarantee of the Ministry of Public Health and Social Assistance, treating children with clubfoot in 6 national hospitals in Huehuetenango, Quetzaltenango, Totonicapán, Sololá, Chiquimula y Zacapa.

The project aims to be sustainable by training orthopaedic surgeons and physical therapists both in the six covered hospitals as well as in the organizations that work with people with disabilities, health center personnel, and midwives to create a referral network.

Seeing the joy of parents watching their children begin to walk fills us with satisfaction every day. This project has very gratifying results.

ACHIEVEMENTS



97

CHILDREN ENROLLED

974

CASTS APPLIED

74

TENOTOMIES PERFORMED

262

FOOT ABDUCTION BRACES
DISTRIBUTED

24

ORTHOPEDIC SURGEONS
AND PHYSICAL
THERAPISTS TRAINED

220

HEALTHCARE
PROFESSIONALS AND
PARTICIPATING
ASSOCIATIONS' STAFF
TRAINED

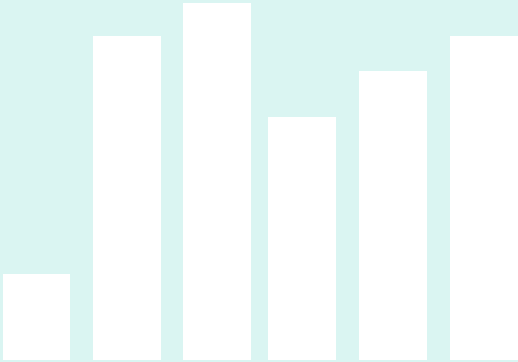
725

MIDWIVES TRAINED FOR
THE EARLY DETECTION
AND REFERRAL

THANK YOU

We are proud to recognize our donors and extend our most sincere gratitude for every expression of support.

- CBM
- Liliane Fonds
- MiracleFeet
- Strachan Foundation
- Hope and Healing International
- Archdioceses of Japan
- Don Oscar de León and wife
- CEDEPCA
- ConstruCasa
- Dr. Glen Dean
- Bill y Linda Green
- ADECCAP
- Compartiendo Sueños
- Caroline C. McCabe
- Alyssa Faith
- Edurne Zabalsa and family
- Gloria Duarte
- Ilse Caballeros
- Etienne & Isabelle Desécures
- Nuria Garcia Castro
- Steve y Sarah Lewis
- Ricardo Sojuel
- Karen Salisbury
- Gloria Leyba
- Diane Miller Paling
- Galen Schram
- Alexandra Vorell
- Emily Owens
- Erika Williams
- Marrie Marrs
- Jessica Henderson
- Allan Reynolds
- Chantal Duterque
- Le Montagner Françoise et Hubert
- Colleen Dougherty
- Megane Sansorgne
- Blanca Pacheco
- Rachael Fauss
- Julia Tse
- Abby Levin
- Briggs Hupper
- Susi Martinez
- Amy Nordstrom
- Elizabeth Thomas
- Jack Noman
- Amy Bingham
- Jo Stevens
- Elizabeth Haines
- Lilian Tomingas-Frolov
- Audrey Cusoy
- Kara Faraclas
- Claudia Raya
- Alejandro Ramírez and his dog Polly
- Brenda Campbell
- Escuintla Rotary Club
- Alexia de Solares
- Joel Mendoza Morales
- Chati Cajas Cuesta
- David Glanville
- Cruz Ixbalan
- Pedro Mendoza



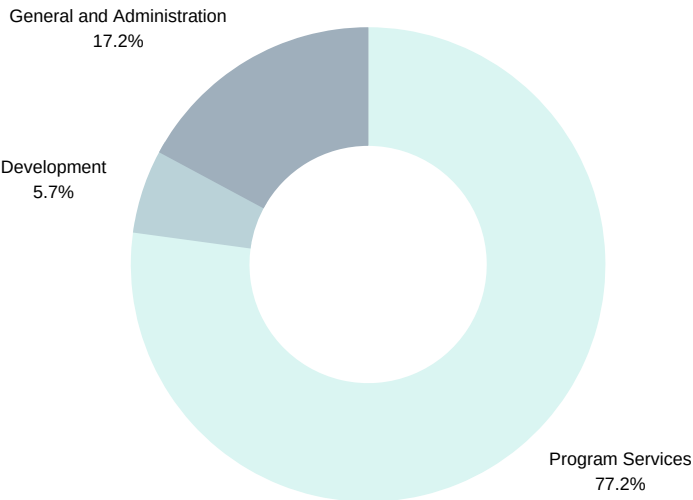
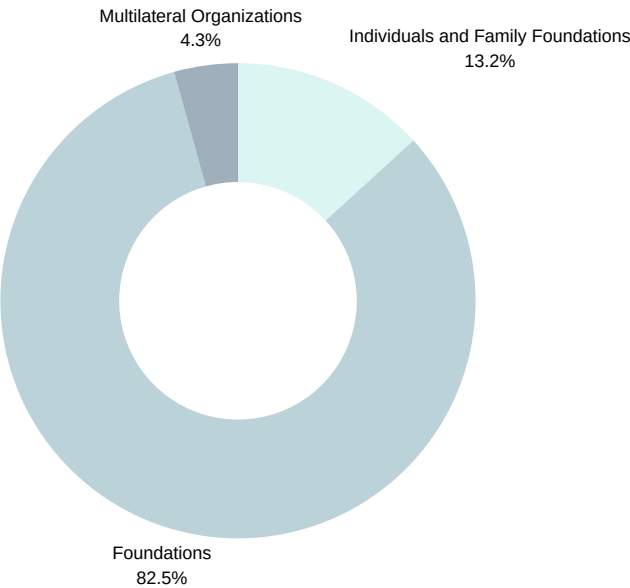
FINANCIAL SUMMARY

REVENUES

INDIVIDUALS AND FAMILY FOUNDATIONS	Q 654,257.56
FOUNDATIONS	Q 4,080,240.07
MULTILATERAL ORGANIZATIONS	Q 213,763.60
TOTAL	Q 4,948,261.23

EXPENSES

PROGRAM SERVICES	Q 3,416,856.83
DEVELOPMENT	Q 252,091.02
GENERAL AND ADMINISTRATION	Q 759,807.07
TOTAL	Q 4,428,754.92





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